



# ICMS Weekly Newsletter

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[www.ics-charter.org/](http://www.ics-charter.org/)

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**NO SCHOOL MONDAY:** In observance of Memorial Day, all ICS schools will be closed. School will resume on Tuesday, May 29th.

**FINAL CHOIR PERFORMANCE OF THE YEAR!** Come out and support the ICMS Choir in their final performance of the 2011-12 school year! The students have worked hard all year to reach this point, and each choir group has prepared some special selections. The concert will begin at **7 p.m. on Thursday, May 31st, in the ICMS Gymnasium.** We hope to see many of you there!

**END-OF-YEAR CONFERENCES AND REPORT CARDS:** Conferences for the end of the school year will be optional for ICMS families. Eighth grade families will be able to pick up their children's report cards at the reception following the Freshman Induction Ceremony on June 7th. Report cards and Spring NWEA results for 6th and 7th graders will be mailed home on Friday, June 8th. If you would like to meet with any of your child's teachers to discuss grades, please contact them to schedule an appointment.

**FRESHMEN INDUCTION CEREMONY:** On June 7th at 7 p.m., we will be saying good-bye to our ICMS 8th graders as they head off to high school! Information was mailed home this week explaining the ceremony and ticket arrangements. Space is limited, so each 8th grader will be given four (4) tickets to the ceremony. If any 8th grade families do not plan on attending or do not need all of their tickets, please return them to Ms. Ewell as soon as possible. If any 8th grade families need extra tickets, they will be given out by Ms. Ewell on a first-come, first-served basis.

**GET READY FOR FIELD DAY 2012!** Field Day will be here soon and we need some help preparing a fun, memorable afternoon for our students. On the last day of school (Thursday, June 7<sup>th</sup>), every ICMS student will spend the afternoon outside playing games and participating in activities that involve everything from dunk tanks to corn hole to slip 'n' slides. Students are expected to come to school dressed in uniform and to bring a towel and an extra pair of "Field Day clothes" to change into for the afternoon (sunscreen is encouraged) Field Day clothing should be shorts, length no smaller than two inches above the knee and a dark t-shirt. Upon the conclusion of Field Day activities, students will change back into their uniforms for the remainder of the school day. Those students who would like to have a try at "dunking" a teacher will need to bring money to school (three chances for \$1). Money will be given to homeroom teachers. We are in need of the following donations (please note that donations will not be returned):

- 24 water guns
- 24 XL or 2XL t-shirts
- 20 pool noodles
- 20 cans of shaving cream
- Bottles of baby soap

Please leave your donation at the front desk with Ms. Ewell. Questions? Contact Mrs. Epple at [bepple@ics-charter.org](mailto:bepple@ics-charter.org). Thank you!

**The Irvington Way: Be Responsible, Safe, Respectful,  
Involved, and Focused**

**GIRL SCOUT TROOP 504 KICKS OFF “ICMS IS A DRUG- AND SMOKE-FREE ZONE” (PART 3):**

**What should you do if you find out that your teen is using alcohol, tobacco, or drugs?** If your teen is using alcohol, tobacco, or drugs, take it seriously! Talk openly with your teen about the problem and urge him/her to do the same. Avoid using harsh, judgmental words and offer a supportive attitude. Hostile, angry face-to-face meetings can push your teen away from the family. If you feel uncomfortable having such critical conversations with your teen, ask for help from a pediatrician, psychologist, or psychiatrist. The type of treatment your teen needs depends on the level of substance abuse. For example, if a teen has tried drugs or alcohol only a few times, talking openly about the problem may be all that you need to do. But if a teen has a substance abuse problem, then he/she needs to be seen by a doctor, a counselor, or both. If your teen is addicted to a drug or alcohol, he/she may need to undergo detoxification or have a treatment that replaces the substance with medicine. Medicine works best if it is combined with one-on-one or family counseling, or both. Relapse is common after treatment. It is not a failure on the part of your teen or the treatment program. Recovery from addiction is hard and takes time. Understand that there may be setbacks.

**Can teen substance use and abuse be prevented?** Talk to your child early about what you expect in his/her behavior toward alcohol, tobacco, and other drugs. Set expectations. Expect your teen to follow the household rules. Set reasonable penalties for bad behavior, and consistently carry them out. Keep talking with your teen. Praise your teen for even the little things he/she does well. Know your child’s friends. Having friends who avoid cigarettes, alcohol, and drugs may be your teen’s best protection from substance abuse. Encourage your child to get out of bad situations by contacting you. Using a code word that will allow you to know that your child needs to be picked up and removed from the setting, without consequence is a good way to cope.

**Paving the Irvington Way**

<b>6th</b>	MaKaila C.	Robby E.	Jeremy W.
<b>7th</b>	Nautica W.R.	Otayvia G.	
<b>8th</b>	TJ D.	Austin N.	Regina G.

	<b>MON 5/28</b>	<b>TUES 5/29</b>	<b>WED 5/30</b>	<b>THURS 5/31</b>	<b>FRI 6/1</b>
<b>LUNCH</b>	<b>NO SCHOOL</b>	General Tsao Chicken BBQ Pork Riblet Bologna & Cheese PB&J French Fries Pears	Beef & Bean Tacos Chicken Nuggets PB&J Pinto Beans Applesauce	Penne Pasta Bacon Cheeseburger Tuna Salad PB&J Carrots Apricots	Chicken Fried Steak Fish Sandwich Buffalo Chicken Wrap PB&J Mashed Potatoes Banana
<b>EVENTS</b> <i>Please refer to Website for more information</i>	<b>Memorial Day</b>		<b>8th Grade Algebra I ECA Exam</b>	<b>8th Grade Algebra I ECA Exam</b>  <b>ICMS Choir Concert 7:00 @ ICMS Gym</b>	