

Irvington Preparatory Academy

September 2019

2 Labor Day	3 Sweet N Sour Popcorn Chicken w Rice Broccoli, Assorted Fruit	4 Italian Meatball Sub Sweet Corn, Assorted Fruit	5 Beef & Bean Burrito Carrots, Assorted Fruit	6 Chicken Cheesy Bake Pasta Green Beans, Assorted Fruit
9 Chicken Drumstick Broccoli, Assorted Fruit	10 Philly Cheesesteak Green Beans, Assorted Fruit	11 Bacon Cheeseburger French Fries, Assorted Fruit	12 Grilled Cheese Roasted carrots, Assorted Fruit	13 BBQ Chicken Cheddar Melt Baked Beans, Assorted Fruit
16 Beef Nacho Glazed Carrots, Assorted Fruit	17 Chicken Nuggets w Roll BBQ Black Beans, Assorted Fruit	18 Jumbo Cheese Ravioli w/ Garlic Toast Broccoli, Assorted Fruit	19 Chicken Strips w/ Roll Sweet Corn, Assorted Fruit	20 BBQ Pork Rib Sandwich Green Beans, Assorted Fruit
23 Meatloaf w/ Roll Mashed Potato, Assorted Fruit	24 Orange Popcorn Chicken w/ Roll Carrots, Assorted Fruit	25 Pizza Sticks W/ Marinara Baked Beans, Assorted Fruit	26 Pepper jack Cheeseburger Broccoli, Assorted Fruit	27 <u>Breakfast for Lunch</u> Pancakes & Sausage Hash brown (2), Assorted Fruit
30 Country Fried steak sandwich Sweet Corn, Assorted Fruit				

Weekly Breakfast

Monday – Chicken Biscuit
 Tuesday – Pancake Wrap
 Wednesday – Cinnamon Sugar Donut
 Thursday – Apple Frudel
 Friday – Maple Pancakes

Daily Options:

-Peanut Butter and Jelly Served daily
 -Chicken Patty Sandwich
 -Create your own Sub
 In addition, an assortments of Fruit, Fruit Juice, & Veggies are offered daily
 1% or Flavored Milk Available

Homemade Pizza

Monday – Cheese
 Tuesday – Pepperoni
 Wed. – Cheeseburger
 Thurs. – Meat lovers
 Friday – Manager